



For more resources
& information, visit
our website, scan
our QR code, or
contact us at

850.488.0288 Ext.109



Emergency Community Connections

Mental Health

2-1-1 Big Bend	2-1-1 / (850) 617-6333
Apalachee Center	1(800) 342-0774 / (850) 523-3333
National Suicide Prevention Lifeline	1(800) 723-TALK (8255)
TMH Behavioral Health	(850) 431-1155
Postpartum Support International	1(800) 944-4773
HCA FL. Hospital Behavioral Health Center	(850) 325-5000

Child Abuse

Department of Children & Families	1(800) 962-2873
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Childcare

Capital Area Comm. Head Start	(850) 222-2043
Leon Pre-k & Early Childhood Programs	(850) 385-0504
Kids Incorporated of Big Bend	(850) 414-9800
Leon County's Early Learning	(850) 922-2099
NFCD Bright Beginnings (Wakulla)	(850) 926-9949 / (850) 926-8299

Domestic Abuse & Sexual Assault

Adult Protective Services	1(800) 962-2873
Refuge House	(850) 681-2111
Florida Domestic Abuse Hotline	1(800) 500-1119

Education

Literacy Volunteers of Leon County	(850) 606-2644
TCC Workforce Development	(850) 201-8760
ACE	(850) 717-2020
Lively Technical College	(850) 487-7555

Emergency Housing

Big Bend: Emergency Cold Night Shelter	(850) 792-5015
Big Bend: Hope Community Program	(850) 792-9433
Big Bend: Rapid Rehousing	(850) 792-9415
Brehon Family Services	(850) 656-7110
Chelsea House	(850) 297-1113
Hope Community	(850) 576-5566
Kearney Center	(850) 792-9000
Making Miracles Group Home	(850) 727-3304
Refuge House	(850) 681-2111

Job Search

Career Source of Leon	(850) 922-0023
Career Source of Wakulla	(850) 926-0980
FAMU Public Workforce Develop.	(850) 412-7474
Goodwill of Big Bend Career Center	(850) 608-0557
TCC Center for Workforce Development	(850) 201-8760

Legal

Legal Services of North FL.	(850) 385-9007
Legal Aid Foundation of TLH	(850) 222-3292

Medicaid

Apply for full pregnancy Medicaid at Access Florida
(www.myflorida.com/accessflorida)

Simply Health	1(800) 221-7437
Sunshine Health	1(866) 796-0530
Humana	1(800) 477-6931

Medical & Dental

Bond Community Health Center	(850) 576-4073
Care Point Health & Wellness	(850) 354-8765
CESC Health Service	(850) 329-2212
Neighborhood Medical Center	(850) 300-7262
Neighborhood Medical Dental	(850) 577-0435
North Florida Medical	(850) 562-0281
FL. DOH Molar Express	(850) 404-6450
TCC Dental Hygiene Clinic	(850) 201-8247

Food

You can apply for SNAP (Food Stamps) at
www.myflorida.com/accessflorida

WIC Leon	(850) 404-6350
WIC Wakulla	(850) 926-0400
Second Harvest of Big Bend	(850) 562-3033
ECHO	(850) 224-3246
Catholic Charities	(850) 222-2180
Good Samaritan Network	(850) 800-7003
Good News Outreach	(850) 412-0016
City Walk Urban Mission	(850) 631-2990

Utilities and Rental Assistance

Echo	(850) 224-ECHO (3246)
Catholic Charities: Emerg. Assist.	(850) 222-2180
Leon County HSCP: Direct	(850) 606-1900
Emergency Assistance Program	

Substance Abuse & Addiction

Alcoholics Anonymous	(850) 224-1818
Apalachee Center	(850) 523-3483
Big Bend Narcotics Anonymous	(850) 224-2321
DISC Village, Inc. Adult Services	(850) 561-0717
Tobacco-Free Florida	1(877) 822-6669
TMH Behavioral Center	(850) 431-5105
A Life Recovery Center	(850) 224-9991
New Seasons Opioid Treatment Center	1(877) 284-7074

Grief & Bereavement

Lee's Place	(850) 841-7733
First Candle	1(800) 221-7437
Big Bend Hospice Grief Support Group	(850) 878-5310

Transportation

Medicaid pays for transportation to healthcare services, for more info please contact your provider

2-1-1 Big Bend Lyft	(850) 617-6333
Big Bend Transit	(850) 574-6064
Dial-A-Ride Star Metro	(850) 891-5199
Star Metro	(850) 891-5200
City Taxi	(850) 575-7575
Tallahassee Taxi	(850) 264-3418
Yellow Cab	(850) 999-9999

Birthing facilities

The Birth Cottage	(850) 224-2229
TMH Women's Pavilion	(850) 431-1155
HCA Florida Capital Hospital Labor & Delivery	(850) 325-5000

Breast Feeding Resources

FL DOH WIC	(850) 404-6350/ (850) 926-0400
2-1-1 Big Bend	1(800) 451-BABY(2229)
The Birth Cottage	(850) 224-2229
Women's Place at TMH	(850) 431-4915
Tallahassee Lactation Care	(850) 764-5517
North FL. Women's Care	(850) 877-7241 Ext.6036
HCA FL. Capital Hospital Support Group	(850) 325-5000



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www.capitalareahealthystart.org